



MR BLACK JUICERY

NOURISH

mrblackjuicery.com.au



nourish the body, feed the soul

All Day Menu (8am-2:30pm)

- Fruit Toast** | Kid's Version \$7.00 \$12.50
Fruit toast served with berry compote, Coyo coconut yoghurt and garnished with seasonal fruit.
- Avocado Toast** | Add sweet potato and pumpkin \$3.00 \$18.50
Olive Turkish bread with avocado, hemp white bean hummus, tomato and seasonal salad mix, sprinkled with seeded dukkah.
- Buckwheat Pancakes** | Kid's Version \$9.00 \$18.50
Buckwheat pancakes made with raw cacao, served with berry compote, seasonal fruit, drizzled with maple syrup and topped with Cocowhip.
- Chia and Granola Bowl** | Add Cocowhip \$3.00 \$13.50
Chia seeds, soaked in coconut cream, topped with Veganola, berry compote and seasonal fruit.
- Coyo and Granola Bowl** | Add Cocowhip \$3.00 \$13.50
Coyo coconut yogurt, topped with Veganola, berry compote and seasonal fruit.
- Nacho Bowl** | Kid's Version \$9.00 \$18.50
Mexican spiced lentils served with gluten free corn chips, tomato salsa, smashed avocado, mixed seasonal greens and drizzled with lemon cashew cheese.
- Life Bowl** \$22.50
A bed of mixed leaf salad, sprinkled with fermented cabbage and hemp seeds, sliced tomato, cucumber, avocado, charcoal hummus, pumpkin and sweet potato medley, alfalfa, with two pieces of toasted olive loaf, drizzled with cashew cheese.
- Zen Bowl** \$22.50
An Asian inspired bed of baby spinach, dressed with sesame oil, organic tamari and lemon, served with edamame, avocado, fermented cabbage, tofu and cucumber, with a side of nori sheets, umami seaweed salad, and sprinkled with black sesame.
- Nutrition Plate** \$19.50
Loaded pumpkin and sweet potato medley, topped with vegan mayo red cabbage coleslaw, dolloped with hemp and white bean hummus and a drizzle of cashew cheese and seeded dukkah.
- Homemade Pies** | Add salad \$4.00 \$12.50
Homemade pies, in a rotating selection of flavours, served with Grandpa's Tomato Relish. Please check with our staff for FODMAP friendly options. Available daily until sold out.

Please advise the staff of any allergies before placing your order.

Kitchen open daily 8 - 2:30.
10% surcharge on public holidays.

Menu is vegan, gluten free, and free of refined sugar; available for takeaway.

Food is made on site and may contain nuts, or have come into contact with nuts.



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Smoothie Bowls | Add Granola \$2.00 | Add Cocowhip \$3.00 | Add Vanilla Pea Protein \$2.00 **\$13.50**

Acai Bowl	Mixed berries, acai, banana, coconut milk, dates, ice
Green Bowl	Spinach, banana, Spirulina, dates, coconut milk, dates, ice
Mr. Black Bowl	Activated charcoal, banana, blueberries, dates, coconut milk, ice
Dragonfruit Bowl	Dragonfruit Powder, banana, blueberries, dates, coconut milk, ice
Peanut Butter Bowl	Peanut Butter, banana, dates, coconut milk, ice
Cacao Bowl	Raw cacao, banana, dates, coconut milk, ice
Cherry Bowl	Cherries, Kakadu Plum, banana, dates, coconut milk, ice
Mr. Bean Bowl	Cold drip coffee, banana, dates, coconut milk, ice
Mango Bowl	Mango, banana, Baobab powder, dates, coconut milk, ice

All smoothie bowls are topped with seasonal fruit, coconut flakes and seeds.

Cocowhip

Plain Cup | Add sauce \$0.50 **\$6.50**

Nutty Nelly **\$12.50**

Cocowhip covered in vegan and gluten free granola & topped with seasonal fruit.

Silly Sally **\$12.50**

Cocowhip served with a mini raw Snickers bar and then topped with cacao sauce, banana, buckwheat nibs and crunchy cacao nibs.

Timmy Too **\$12.50**

Cocowhip topped with a berry sauce, mixed berries and a mini raw Tim Tam

Alfie's Ace **\$12.50**

Cocowhip topped with a mini Ace cookie and vegan marshmallows

Cocowhip is a premium probiotic coconut soft serve ice cream that is vegan, gluten free, dairy free and made with no refined sugar.

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HYDRATE

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Beverages

| Choose from cow's milk, or dairy free almond, soy or coconut mylk
| On Ice: add \$1.00
| Add Cocowhip \$3.00

Coffee

With mylk/milk \$4.50/Mug \$5.00
Without mylk/milk \$4.00/Mug \$4.50
Picollo/Short Mac \$4.00
Coconut Bullet Shot Add \$0.50
Iced Bullet Coffee \$7.50

Specialty Blends

Matcha Magic \$7.50
Golden Mylk
Beetroot Bliss
Gingersnap
Black Beauty
Spiced Vegan Chai \$6.00
Vanilla Chai
Hot Cacao \$5.50
Hot Apple Cider \$6.50

Tea

\$4.00
Clean Green - green tea, dandelion, peppermint, calendula, nettle, variegated thistle seed
Detox Me - nettle, spearmint, calendula
Boost Me - licorice, astragalus, sheep's sorrel, ginseng, echinacea, oats, lemon balm
Calm Me - lavender, lemon balm, chamomile
Licorice Love - licorice, roasted chicory root, cacao, cinnamon, mango

Juice

| Add ginger: \$0.50 \$8.50
| Add Activated Charcoal: \$0.50

Pink - watermelon, apple
Red - beetroot, green apple, carrot, lemon
Green - spinach, kale, green apple, celery, cucumber
Sweet Green - spinach, apple, pineapple, lemon
Orange - orange, pineapple, carrot **BLACK** - apple, coconut water, activated charcoal

Smoothies

| Add Vanilla Pea Protein: \$2.00 \$8.50

Yellow - banana, mango, Baobab powder, dates, coconut milk, ice
Red - banana, berries, Kakadu Plum, dates, coconut milk, ice
Green - banana, spinach, Spirulina, dates, coconut milk, ice
Brown - banana, Himalayan Salt, vanilla, cacao, dates, coconut milk, ice
Caramel - banana, Himalayan Salt, Maca, dates, coconut milk, ice
Coffee - banana, cold drip coffee, dates, coconut milk, ice

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